



Tuesday
JUNE 14, 2011

★ **FREE** ★
A Chicago Tribune
publication

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'Housewives' **9**

Joel McHale needs
some free stuff **19**

gut rehab

**Do you really need abs of steel?
How to tame your belly for beach season **6-7****

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redeyechicago.com

THE BIG TALKERS

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Curt Wagner
redeyechicago.com/showpatrol
Ph.D. in TV



Scott Kleinberg
twitter.com/scottkleinberg
Social media guy



RedEye Royalty
facebook.com/redeyeroyalty
Royal family



Tracy Morgan has been attracting unwanted attention after making some anti-gay jokes. What say you?

Curt Wagner (@showpatrol): He apologized, but I find it hard to believe he doesn't feel that way a little bit.

Scott Kleinberg (@scottkleinberg): Apologizing was the right thing to do—comedy has limits.

Rudy Segovia (@RudyChicago): He should go back to doing Brian Fellow skits.



What should Rep. Anthony Weiner do during his leave of absence?

Curt: Weinergate is blown out of proportion. What you do with your wiener is your own business.

Scott: Keep his clothes on, unplug the computer and shut up.

Jennifer Healy (@Henjealy): Disable his Twitpic account.



Plan LeBron's summer.

Curt: Stay out of the news.

Scott: Practice, dude. You kind of suck now.

Aaron B. Sam (@AaronBSam): If the commercials are true, I hear Wisconsin is nice this time of year.



71 56

TODAY'S FORECAST
We feel like being all outdoorsy



WED.
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60

Who's got the chills?



THU.
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A little rain won't hurt



FRI.
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High marks for this one



SAT.
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Perfect for fests

best bets

By Jessica Gallart
jgallart@tribune.com

'Doctor Who' who?

Ginger's Ale House, 3801 N. Ashland Ave. 773-348-2767
Let your Tardis geek flag fly with the theme for the bar's monthly trivia night: "Doctor Who." Compete in teams or go solo to win prizes. 7:30-10 p.m. \$5.

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What they're worth

Facebook is preparing to file for an initial public offering as early as October or November that could value the popular social networking site at more than \$100 billion, financial news channel CNBC reported Monday. Here's how that compares with recent tech company announcements. **REUTERS**



\$750 million

Groupon value reported this month



\$7 billion

LinkedIn value reported last month



\$100 billion

Facebook value reported Monday

Facebook questions report that says it has hit a saturation point in North America

CNN

Facebook, the seemingly unstoppable juggernaut of the social media world, continues to grow, steaming toward 700 million registered users. But has the site tapped out its potential in America?

The site lost more than 7 million active users in the U.S. and Canada last month, according to data from Inside Facebook, a blog that tracks the site and its development platform.

Mexico, where Facebook use started later than in the other two, added about 1 million users, according to Inside Facebook's data service. But Facebook's slowing growth in North America raises the question of whether the site has finally found all the users it can in places where it's been around for a while.

Last month was the first time the U.S. had lost

active users in a year, Inside Facebook said, while ups and downs have been more volatile in Canada.

Facebook is questioning the accuracy of the data. "From time to time, we see stories about Facebook losing users in some regions," said a statement Monday from a Facebook spokesperson. "Some of these reports use data extracted from our advertising tool, which provides broad estimates on the reach of Facebook ads and isn't designed to be a source for tracking the overall growth of Facebook.

"We are very pleased with our growth and with the way people are engaged with Facebook. More than 50% of our active users log on to Facebook on any given day."

Facebook reached 687 million users at the beginning of June, according to the stats. But its growth rates appear to be slowing. Facebook gained

11.8 million active monthly users in May, compared with 13.9 million in April. More than 20 million users were added during every month last year.

The United Kingdom, Norway and Russia, other countries where Facebook was adapted relatively early in its existence, each dropped by about 100,000 active users in May.

Still, expansion continues as Facebook focuses globally.

Major population centers such as Brazil, India and Argentina all saw growth of more than 5 percent in May, with Brazil leading the way, jumping from about 17 million users to about 19 million.

Inside Facebook acknowledged that seasonal changes such as college graduation, bugs in the Facebook advertising software or other one-time anomalies can affect data.



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TRACY SWARTZ
tswartz@tribune.com

Meet the worst CTA tourists

CTA riders, look to your left. Now to your right. Did you catch a glimpse of a roller bag? How about a pair of sunglasses on a chain? Now that the heat is on, tourists have swarmed the city and the CTA, and some can be more aggravating than the Miami Heat.

Going Public looks at the five most annoying tourists you meet on the CTA. If you encounter these characters, remember to get out of their way quickly, lest they take you out with a backpack or binoculars.

- » **The whiplashers:** With glazed eyes, and typically flowery luggage, these tourists are confused about where they need to be—so they stand near the turnstiles, squint and turn their head from side to side until someone offers to help.
- » **The interviewers:** These tourists treat CTA bus drivers as their own personal tour guides. They get on the bus not to ride it but to ask directions to the museum, the closest CTA stop or the crosswalk. Um, right in front of you, sir.
- » **The targets:** iPhone. Wallet. Large camera. Fanny pack. Hawaiian shirt. Knee socks. Map. The only thing these tourists aren't wearing is a sign that says "please rob me."
- » **The wafflers:** Are you in or are you out? The tourists can't decide if they should get on the bus, so they get off and then get back on, and they can't decide which stop is theirs, so they pull the cord over and over until it's finally their stop and it's finally over.
- » **The dolts:** They don't know the basic rules of the road. They stand on the left side of the escalator and hold up bus boardings trying to figure out where to feed their cash. They're oblivious to the riders behind them sighing loudly.

Heckuva job, Brown Line

The second installment of "El Stories," dramatic re-enactments of real-life train encounters, begins its run July 15 in Chicago, director Thomas Murray said. The play will feature more than 25 Brown Line stories derived from hours of interviews with CTA riders.

Performances are at 10:30 p.m. Fridays and Saturdays from July 15-Aug. 13 at the Greenhouse Theater Center, 2257 N. Lincoln Ave. Tickets are \$13 at greenhousetheater.org or 773-404-7336.

CORRECTION

An item in Monday's RedEye misspelled the name of CNN contributor Roland Martin.



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coverstory

GET WAISTED

Think you know everything there is to know about trimming up your tummy? Take another look

By Leonor Vivanco

REDEYE

You stare at the mirror, rub your Buddha belly and wish it would disappear.

Well, snap out of it. That thinking won't help you to get rid of a puffy pooch, beer belly or glorified gut.

As swimsuit season gears up, it's time for the battle of the belly bulge. This year, instead of trying to achieve that elusive six-pack, focus on trimming belly fat, experts say. Not only will it make you look good and feel better, it also reduces serious health risks including heart disease, cardiovascular disease, diabetes and cancer.

Certain kinds of fat can be more harmful to your health than others. That's the case with fat around the midsection, which comes in two varieties—what doctors call visceral and subcutaneous. Visceral fat, known as belly fat, goes deeper into the body and surrounds the organs. The other kind, subcutaneous fat, is evident when you can pinch an inch on the hip. Both are unhealthy, but visceral fat is more of concern, experts said.

A Mayo Clinic study analysis published in May in the *Journal of the American College of Cardiology* found heart disease patients with belly fat have double the risk of death than do those who pile it on elsewhere on the body. That's equal to the risk of smoking a pack of cigarettes a day.

"Belly fat is the most dangerous fat," said Dawn Jackson Blatner, registered dietitian in Chicago and American Dietetic Association spokeswoman. "Although it might not be pleasant to look at, it's more about general health issues than people might think."

Visceral fat increases the risk for cardiovascular disease, diabetes and cancer. Waist sizes of more than 40 inches for men and greater than 35 inches for women could signal a health risk.

"Unfortunately, we can't tell our body where we want the fat to go," said Cassie Vanderwall, a clinical dietitian at Rush University Medical Center's Nutrition and Wellness Center.

Blame genetics and hormones for directing fat to the midsection, she said. For example, when women get older, there's a drop in the estrogen hormone level. That decrease can lead to more fat getting stored in the ab area.

Fat is the body's way of storing excess calories. You need to burn more calories than you're consuming to drop the weight. And when you lose weight, you'll trim inches from your waistline as a result. But unfortunately you can't pick a spot, such as your midsection, and lose weight only in that part of your body.

"There's no quick fix, but there are things that can help gear you in the right direction," said Dr. Julie Roth, an internal medicine/wellness physician at Northwestern Memorial Hospital. Change your diet, exercise and reduce stress, she said. Give those new changes two weeks before making any modifications, she said.

"As much as people want to lose weight now that summer is here, I look at it more as, 'Let's start with healthy behaviors that will start weight loss now with swimsuit season,'" she said. Then, maintain that healthy lifestyle through the winter so there's no mad rush to lose weight next summer.

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DIET STARS

Celebrities struggle with their weight too. Some go on "Dancing with the Stars" or "Celebrity Fit Club" to shed the pounds. Can you match up the celebrity and the weight loss program or product he or she endorsed?

- » Jenny Craig
- » Weight Watchers
- » Slim-Fast
- » Nutrisystem
- » Quick Trim



» Jennifer Hudson



» Dan Marino



» Whoopi Goldberg



» Kim Kardashian



» Jason Alexander

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1 Work it out

Think doing crunches alone will get rid of your belly? Think again.

"There's a difference between getting a six-pack and reducing your waistline," said Eddie Webber, fitness coach in the West Loop. "It's going to be frustrating when you do all ab work and the stomach is not getting any smaller."

Crunches tone and strengthen the abs, but first people need to lose weight and get in shape. "Cardiovascular (exercise) is the cheapest, most inexpensive way to do this, in or outside," Webber said. Go for a walk, jog or run to burn off calories. Jumping rope is a great exercise too.

2 Acid trip

Diet is a weight-loss tool, and exercise helps keep off that weight.

A good eating plan to help shrink that jelly belly includes a regimen of something called conjugated linoleic acids. Found in lean beef and 2 percent dairy products, those acids help keep blood sugar levels in check and boost muscle growth. Muscles are used to burn calories and thus start to blast belly fat.

For breakfast, for example, try eating oatmeal cooked with 1 percent or 2 percent milk instead of water and topped with berries. Or Greek yogurt with berries and granola.



5 Gear check

The attempt to suck in the midsection has been a boon for clothing companies.

U.S. sales of women's shapewear from 2008 to 2010 grew over 20 percent to nearly \$917 million.

Guys, too, can get their midsection to appear slender through body-shaping mirdles (girdles for men), T-shirts and underwear.

Now, stars including Tyra Banks and Gwyneth Paltrow and Hollywood stylists are open about using such products such as the ever-popular Spanx, especially on the red carpet. Celebrities are even entering the market and creating their own shapewear lines.



7 Dream of weight loss

When you're tired, it shows—in your waistline.

Lack of sleep can factor into weight gain. A 2010 study showed that those younger than 40 who slept less than five hours had an increase of belly fat over five years compared with those who slept six to seven hours.

SOURCES: DAWN JACKSON BLATNER, AMERICAN DIETETIC ASSOCIATION SPOKESWOMAN; NPD GROUP, INC., A MARKET RESEARCH COMPANY BASED IN NEW YORK; AMERICAN SOCIETY OF PLASTIC SURGEONS; SLEEP SCIENTIFIC AND MEDICAL JOURNAL

3 Snack nut

Another weight loss tip for those looking to trim around the midsection: Snack on dark chocolate, nuts and seeds. They have monounsaturated fatty acids, which can accelerate weight loss all over. Those acids also can be found in olive oil, olives and avocado.

Of course, avoid the usual suspects that lead to weight gain such as high-calorie foods and carbs.



4 Beat belly bloat

Ever find it hard to fit comfortably in your jeans because of a bloated, puffy or gassy belly?

That discomfort could be from eating certain foods such as salty snacks that cause the body to retain water and carbonated drinks that can make you gassy. Dairy products also can cause problems if you're lactose intolerant. So can not chewing enough or eating too quickly. Both result in food not getting digested properly, which leads bacteria in the intestinal track to react, creating gas as a byproduct.

6 Under the knife to cut the fat

Liposuction and tummy tucks, also known as abdominoplasty, are among the top five cosmetic surgical procedures behind breast augmentation, nose reshaping and eyelid surgery.

Of the 1.5 million total cosmetic surgical procedures in 2010, there were 116,352 tummy tuck procedures, up 1 percent from 2009. There were 203,106 liposuction procedures, an increase of 2 percent from the prior year.

The New York Times reported that a University of Colorado study found non-obese women who had liposuction on their thighs and lower abdomen removing 5 pounds saw the fat return in a year.

TUMMY TRIVIA

Tracking the muffin top ...

May 2003: Dyske Suematsu claims he coined the phrase and submitted it to pseudodictionary.com.

2005: The New York Times and New York Daily News printed the term. The American Dialect Society named it one of the most creative words.

2006: The phrase became Australia's Macquarie Dictionary word of the year.

2011: The Oxford English Dictionary added the term.

Keeping a food diary can help you lose weight. A study in 2008 found that those who kept a food journal lost twice as much as those who didn't.

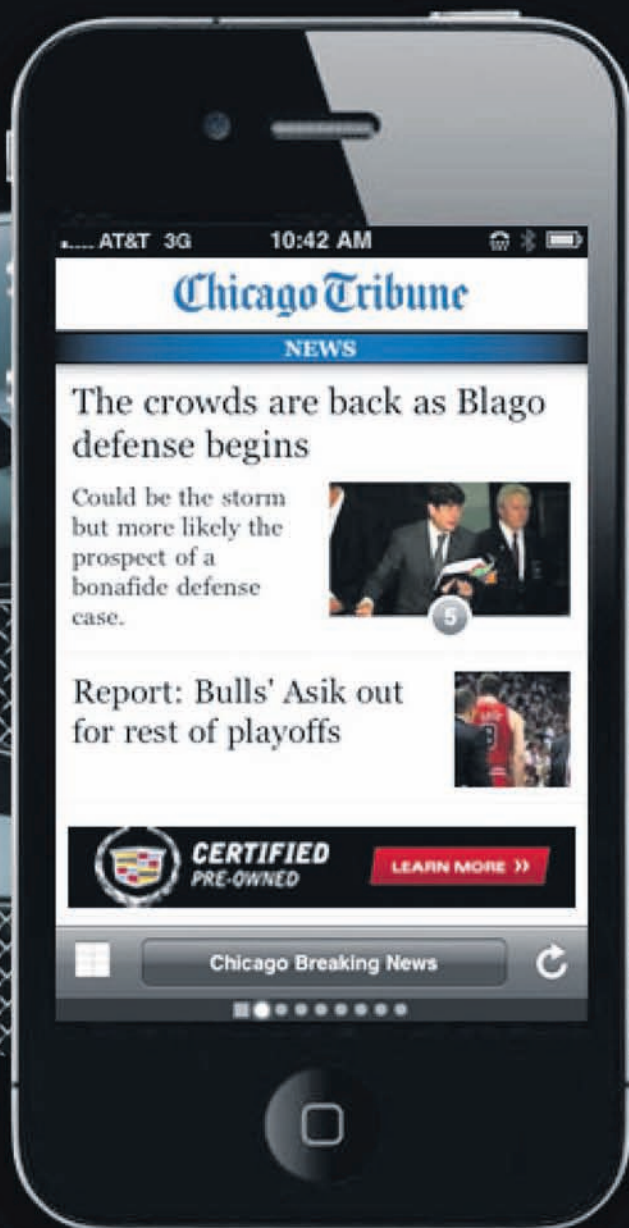
SOURCES: AMERICAN JOURNAL OF PREVENTATIVE MEDICINE



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Adolfo Arreola (left and inset) and Jason Gomez discuss the lawsuit they filed against the cast of "Real Housewives of New Jersey." JOEL WINTERMANTLE/FOR THE TRIBUNE



'Housewives' cast sued over bar fight

Chicago Tribune

"Real Housewives of New Jersey" cast members beat up and injured a Chicago-area police officer and his cousin during a brawl this year at a posh Dominican resort, two lawsuits filed Monday allege.

Adolfo Arreola, a sworn officer with the University of Illinois at Chicago's police department, suffered a broken arm, blurred vision, cuts and bruises after some members of the cast "savagely beat, kicked, punched, scratched, jumped" on him and smashed glass on his head, according to the lawsuits. His cousin Jason A. Gomez suffered a broken leg and a torn knee ligament after he came to Arreola's defense.

The cousins' lawsuits—filed in New York and Miami—allege that they and their families were dancing and socializing in a Hard Rock Hotel & Casino bar in Punta Cana on Feb. 23 when Jersey Housewife Teresa Giudice sprayed champagne on



Teresa and Joe Giudice of "Real Housewives of New Jersey." GETTY IMAGES FILE

Arreola's mother-in-law and mocked the 53-year-old woman as she tried to wipe the alcohol from her eyes.

The complaints state that after Arreola confronted Giudice, he was attacked by cast members that included her husband, Joe, and Albert and Christopher Manzo, the sons of show matriarch Caroline Manzo.

The Guidices and other cast members could not be reached for comment.

Bravo, the cable channel that airs the show, is named in the New York complaint as well. Thomas Demetrio, an attorney representing Arreola and Gomez, has asked Bravo and the show's production company to preserve any video taken of the fight. A spokeswoman for Bravo said the network and the cast members decline to comment on the accusations.

The cousins also sued the Hard Rock Hotel's parent company in Miami alleging negligent security and intentional infliction of emotional distress.

Ricardo Cata, a lawyer for the hotel's operator, said he had not seen any lawsuit but said the hotel did nothing wrong.

"Our position is the hotel did everything it was supposed to do and responded appropriately and took care of the guests in the appropriate manner," Cata said.

Report: City, county could save \$140M by working together

The city and county could save up to \$140 million a year by working together to deliver services and oversee programs, according to a new report released Monday. Mayor Emanuel and Cook County Board President Toni Preckwinkle issued the announcement.

Cubs throwing a block party

The Cubs announced Monday the first-ever Wrigleyville Block Party will be held Friday through Sunday during the New York Yankees series on the west side of Wrigley Field bordering Clark Street, rather than on Sheffield Avenue. Meanwhile, Paul McCartney announced that he will play his first Chicago concert since 2005 when he headlines July 31 at Wrigley Field.

CPS board to vote on pay

Chicago Public Schools board members will vote Wednesday on whether to give teachers a 4 percent annual salary increase already promised in their contracts next year, despite looming budget deficits.

Some Shedd galleries free

Admission to the Shedd Aquarium's original galleries are free through Friday as part of the institution's Community Discount Week. Packages for admission to other galleries are offered at a discount rate.

Controversial NU prof to retire

Controversial Northwestern University journalism professor David Protess, who started a landmark program to investigate wrongful convictions, will retire at the end of August, the school announced Monday.

TRIBUNE, REDEYE



ANTONIO PEREZ/TRIBUNE

"The more people we can get biking, walking and taking local transit, the less we will clog the arteries with cars that don't need to be there. Things will have to change."

—New Chicago transportation chief Gabe Klein (above), in an interview with the Tribune

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GOP debate turns nasty—against Obama

1 **MANCHESTER, N.H.** The Republican White House contenders focused their attacks on President Obama and refrained from attacking each other Monday in their first major debate of the 2012 nominating race.

The Republicans criticized Obama as a failure on the economy and attacked his health-care overhaul as a gross government intrusion, but they sidestepped numerous chances to hit their party rivals in the face-to-face encounter.

“This president has failed, and he’s failed at a time when the American people counted on him to create jobs and get the economy growing,” said former Massachusetts Gov. Mitt Romney, who leads the Republican pack in opinion polls.

Former Minnesota Gov. Tim Pawlenty, who on Sunday took a swipe at Romney’s Massachusetts health-care plan and called it “Obamneycare,” carefully avoided a direct challenge as the contenders played nice with each other.

Romney defended the plan, which has become a lightning rod for conservative critics, as different from Obama’s health-care overhaul in part because it did not raise taxes and was state-based.

“If people don’t like it in our state, they can change it. That’s the nature of why states are the right place for this type of responsibility,” Romney said.

The nationally televised forum included most of the top-tier contenders in the battle for the right to challenge Obama. The debate was moderated by CNN’s John King.

End of a bomber

Restored WWII plane crashes after takeoff from Aurora; all 7 on board survive

2 They are hulking relics of aviation history, salvaged from scrap dealers and combat wreckage, painstakingly restored and—in rare cases—flown again.

Now there is one fewer of them.

In a dramatic scene that could have played out in Europe during World War II, a restored B-17 “Flying Fortress” bomber crashed Monday in a west suburban cornfield. Smelling smoke from a burning engine, the pilot skirted disaster by threading the plane between a 60-foot tower and a line of trees, witnesses said.

Seven crew members and volunteers escaped without serious injury as flames and a plume of thick black smoke soared into the clear blue sky from the wreckage of the Liberty Belle.

For aviation enthusiasts, the crash was a blow both for the plane’s historical value and emotional impact, and because it’s so rare. Of the 12,731 B-17s manufactured, about 50 remain, including wrecked planes that have been pulled out of the water, according to the Experimental Aircraft Association,

based in Oshkosh, Wis.

Only about 13 B-17s are intact and could be overhauled to become airworthy. A total of eight fly in U.S., and three of them carry passengers, the association said.



WHAT'S THE CAUSE?

The National Transportation Safety Board is investigating the crash. Federal officials said they did not know the cause of the crash but were looking into maintenance done to the plane over the weekend.

The plane took off from the Aurora airport at 9:30 a.m. on its way to Indianapolis Regional Airport. But it was forced to make an emergency landing in the field near Oswego, about three miles away, shortly after takeoff. The pilot had reported an engine fire, authorities said.

Witnesses described seeing the bomber flying low before it crashed. An engine on the left wing—the one farthest from the cockpit—was on fire, they said.

Just an easy 67-mile swim

3 Penny Palfrey, an Australian-British swimmer, braved shark-infested waters to set a record for an unassisted solo ocean swim with a 67-mile marathon between two of the Cayman islands. She finished Sunday in 40 hours, 41 minutes.

Obama suggests Weiner should quit

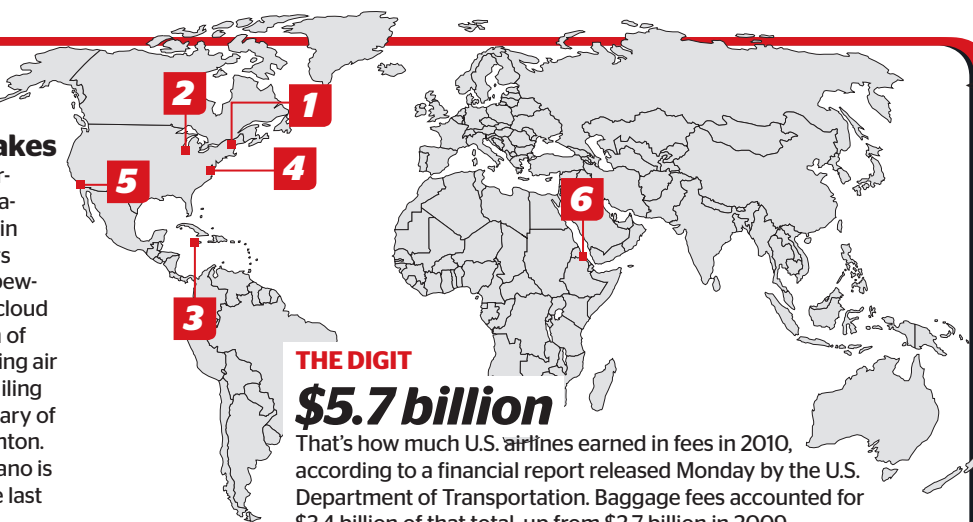
4 President Obama, in an interview to be aired Tuesday morning, is suggesting that embattled Rep. Anthony Weiner (D-N.Y.) resign. Though he stopped short of directly urging Weiner to quit in the wake of a sexting scandal, Obama said on NBC’s Today Show, “I can tell you that if it was me, I would resign.”

Doomsday leader has stroke

5 Evangelical broadcaster Harold Camping, who rallied thousands of followers with a prophecy that the world would end last month, has been hospitalized after suffering a stroke, a spokesman said Monday.

Dormant volcano wakes

6 A long-dormant volcano has erupted in Eritrea, monitors said Monday, spewing a huge ash cloud across the Horn of Africa, threatening air travel and curtailing a visit by Secretary of State Hillary Clinton. The Dubbi Volcano is thought to have last erupted in 1861.



THE DIGIT

\$5.7 billion

That’s how much U.S. airlines earned in fees in 2010, according to a financial report released Monday by the U.S. Department of Transportation. Baggage fees accounted for \$3.4 billion of that total, up from \$2.7 billion in 2009.

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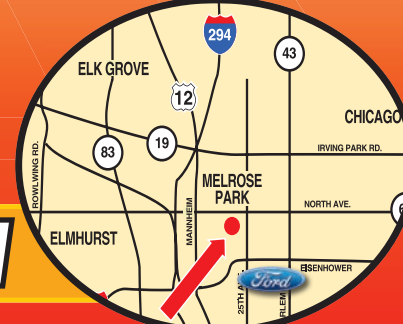
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 1997 BMW 5 Series Leather, Roof, Loaded, Silver, Auto #P15781 \$5,977	 2000 Ford Expedition Moonroof, DVD, Must See, 1 of a Kind, #46932B \$5,977	 2002 Ford Explorer Blue, 4x4, XLT #47096B \$5,977	 1964 Ford Thunderbird V8, Leather, Dark Red #P15791 \$6,577	 2007 Ford E-150 Cargo Van White, V8, Auto, Ready For Work, #P15741 \$6,977
 2003 Ford F-150 XLT White, Pwr, Nice #47182B \$6,977	 2005 Ford 500 Moonroof, Black, Loaded, Conv Top #11208B \$7,977	 2003 Chevy Tracker 4x4 White, 4 Cyl., Alloys, Auto #47304A \$8,577	 2004 Jeep Grand Cherokee V-6, Auto, 4x4, Blue #46878A \$8,977	 2004 Ford Explorer Ltd. Silver, Roof, Lthr, V8 #47392B \$9,977
 2000 Mercedes ML 320 Silver, Lthr, Roof #P15778 \$9,977	 2007 Mercury Milan White, 4 Cyl., Auto, Loaded #47074D \$10,977	 2007 Ford F-150 Red, Low Miles, Auto #47371A \$11,977	 2008 Nissan Sentra 4DR Black, Auto, Air #47274A \$12,577	 2007 Ford Mustang V6, White, Nice #10108A \$12,977
 2003 Lincoln Aviator AWD Premier, Leather, Moonroof, Black, Low Miles, #P15717 \$13,977	 2009 Ford Mustang Conv. Silver, V6, Auto #P15770 \$16,577	 2010 Chevy Impala Black, Loaded #XP15799 \$16,777	 2008 Ford Edge Loaded, SE, Nice #472857A \$16,977	 2006 Land Rover Range Rover Super Charged, Must See! #P15783A \$CALL

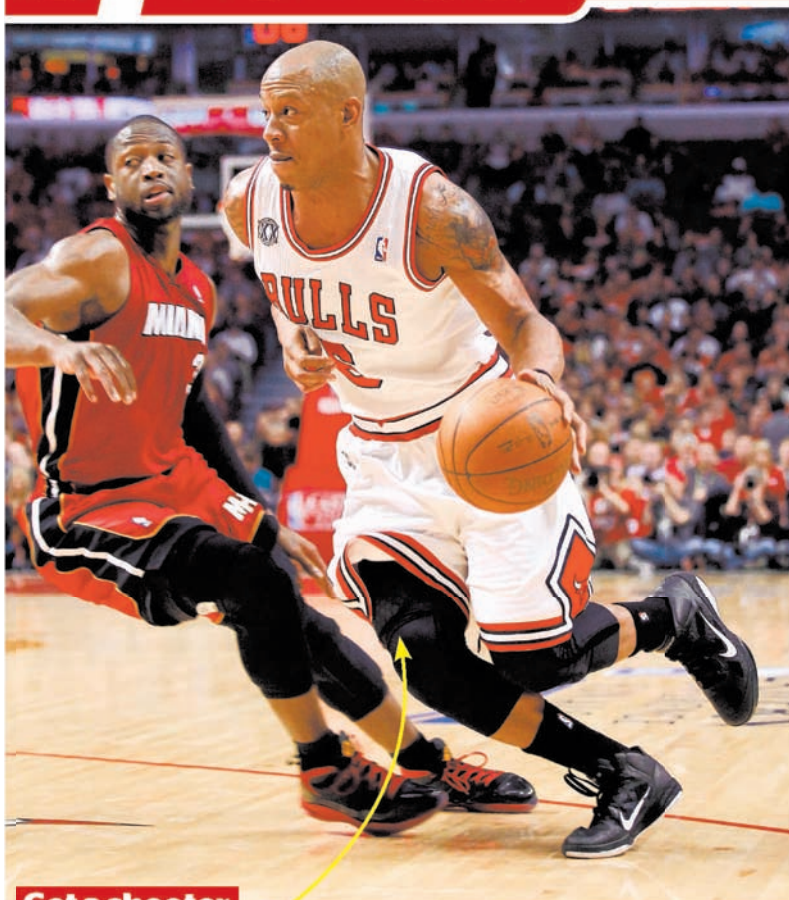
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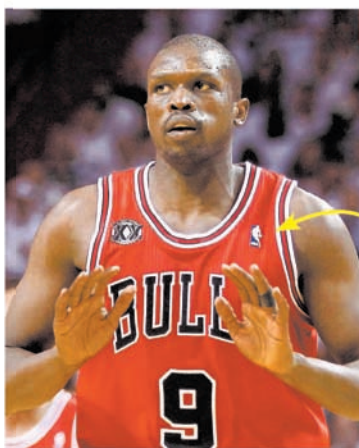
*All offers plus tax, title, lic & doc fee to qualified buyers with approved credit. 1994 example was: New 1994 Aspire (\$8433) & 1994 Ranger (\$8995) for 60 mos. @ 6.15% APR financing. \$100 down/\$159 per mo. 2011 example is: 2008 Focus #P15605A (\$9995) & 2009 Rio #XP15748 (\$9995) for 72 mos. @ 4.9% APR financing. MPG based on EPA highway mileage estimates. Actual mileage may vary based on various driving conditions. No guarantee of credit given; may require a down payment. Photos for illustration purposes only. All offers expire 6/30/11.

Mowimy Po Polsku
Hablamos En Espanol



Get a shooter

We love **Keith Bogans** for his levelheaded approach, his tough defense and his court vision. His shooting? Not so much. While he could be counted on for a 3-pointer in the first quarter in what seemed like every game, he's not consistent enough to take pressure off Derrick Rose like Jason Terry does for the Mavs and Dirk Nowitzki. Terry drained 42 3-pointers and averaged 17.5 points in the 2011 playoffs. Imagine the Bulls with that type of outside production from their guard.



Get creative

It was painfully obvious when the Bulls lost in the Eastern Conference finals that they need another player who can score down the stretch. **Luol Deng** does this occasionally, but not nearly enough. J.J. Barea, Shawn Marion and even DeShawn Stevenson can, and that makes defending the Mavs much more difficult than the one-man show the Bulls put on.

There's no 'I' in team

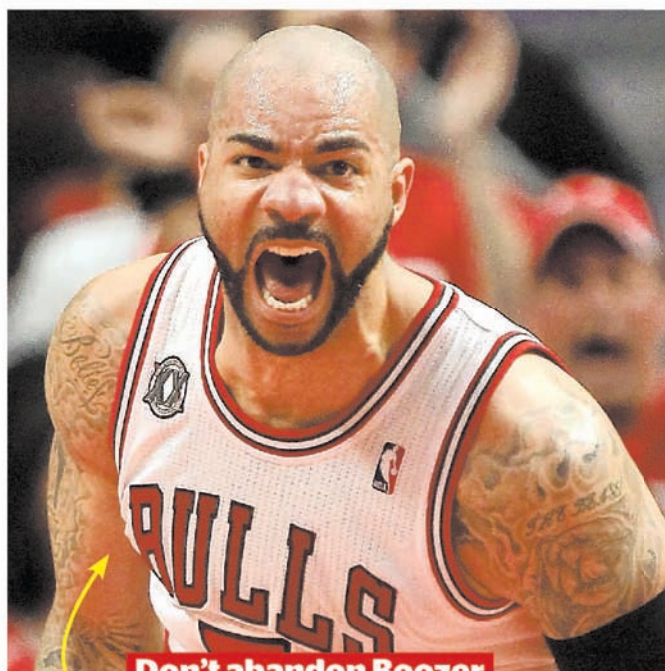
The Mavs proved a complete team can defeat two superstars and their sidekick. The Bulls are close to having a complete team. The knee-jerkers want Boozer out of town, Kyle Korver out of town, Bogans out of town, but that's not gonna happen. Adding the pieces the Bulls need will put them over the top—eventually. Let's not forget it took Michael Jordan's Bulls three tries to get by Detroit in the playoffs. Patience, just a little patience.

Finals answer?

Bulls might want to thank Dallas for drawing up a blueprint to defeat the Heat

RedEye

Consider the Dallas Mavericks a scout team and the NBA Finals a reconnaissance mission. The Mavs' win over the Miami Heat could have provided the Bulls with a wealth of intelligence to dissect about exactly how to beat the Big Three and whoever else is left standing next season. What could they learn from the title-winning Mavericks? Here are just a few things.



Don't abandon Boozer

Carlos Boozer took a beating from Bulls fans, but let's remember he was dealing with injuries all season. Look, he's no Nowitzki, but Boozer is cut from the same cloth. They both are big forwards with the shooting touch of a guard and both can play the pick-and-roll in their sleep. Nowitzki and Barea teamed up to terrorize the Heat, and there's no reason a healthy Boozer and Rose can't do the same thing. Boozer's on a short leash, though. Produce or pack it up.

After the sports apocalypse

I see our fair city ablaze at sunset. I see pillars of smoke rising from all corners of the land, from Howard Street to Hegewisch, the Fox River to the lake. It didn't have to end this way. If only we had paid attention to all the warning signs.

Local media said it wasn't a big deal. I remember the quick mentions at the tail end of newscasts back in April and May. "Cubs swept again"... "White Sox now 10½ back"... "NFL owners and players still miles apart"... "LeBron James: still a douche."

We never thought we'd run out of sports. But here we are.

Today would have been Sept. 27, 2011, on the Old Calendar (the 14th of Bieber, Modern Era). The Cubs fell to 25 games out by the break. The Sox teased fans with a mid-June run, but the injuries to Jake Peavy, Phil Humber, Paul Konerko and Ozzie Guillen's tweeting thumb were just too much to take in July. Then the U.S. Cellular JumboTron became self-aware on Aug. 29, launching its fireworks payload both into the stands of the Cell and also on ballistic trajectories eight miles north into Wrigley.

That same day, the NFL canceled the 2011 season after A.J. Hawk body-slammed Roger Goodell through a plate-glass window. A distraught David Kaplan jumped off the Willis Tower live on Comcast SportsNet. The angst of under-stimulated sports fans boiled over. Fantasy football drafts became bloodbaths. The Blackhawks quietly got of town and went north, where rumor has it they've got sports reserves that'll last for decades. (I hear they sell out Thunder Bay every night).

Now we roam the expressways, stopping only to play games of bags or wiffle ball ... anything to get a quick fix. We hear the Bulls will bring sports back to us in October, but we've fallen for that one before. Thirty-five guys died in that last supposed "sports event" at Toyota Park. While ESPN's new all-"Glee" format taunts us, we hold out hope. It's all we have left.

Have a great summer, sports fans!

ALEX QUIGLEY CAN BE HEARD ON 720 WGN.



Super sub

Your face could be featured on this panel if you audition by answering questions at the address above. Break a leg!



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1 What are the Cubs hearing from fans at Wrigley after their long, tough road?	"Puuuuuuuujols ... Puuuuuuuujols!"	"Come on, let's move up. Seriously, we won't get caught. I promise."	"Is Ryno still available?" Maybe he can get this Triple-A team going.	"We need more Old Style."	"CTL-ALT-DELETE. REBOOT"
2 White Sox at the last-place Twins this week. Predictions?	What a miserable matchup. This is to the death, right?	A Twin killing. RIP Mary-Kate and Ashley.	White Sox to take sole possession of second place in the AL Central.	They'll spank the sideburns off of Joe Mauer.	Come on, this is easy. The piranhas will sweep the Sox, and Ozzie issues an incomprehensible tweet.
3 What's the best thing about the outcome of the NBA Finals?	I learned a new word: Mavaliers. God bless Cleveland fans.	Joel Anthony remains titleless.	LeBron and the Heat didn't win. Move over Barkley, Ewing. Here comes Queen James.	LeBron realizing he's never going to be Jordan.	The billionaire who won the title and didn't even have to buy it.
4 Now that the NBA is done, how do they avoid a lockout?	Wait, change No. 3 to "LeBron's mom went home to console Delonte West."	Put a key under the mat.	Ask LeBron to give back that cash he's stealing. And take that mask off.	Stop overpaying big babies (apologies to Glen Davis).	Fire all the suits and let the machines run the league. It's inevitable anyhow.
5 The Fire ended their 12-match winless streak. What'll they do next?	This is an outrage! You telling me the MLS plays more than 12 games?	End their 12-fan attendance streak.	A commercial so people will know they're still a team that plays in Chicago.	Bend it like Beckham.	Start another one.



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BOSTON 5, VANCOUVER 2, SERIES TIED 3-3



So long, Luongo

The host Boston Bruins thrashed the Vancouver Canucks 5-2 on Monday to force the Stanley Cup finals into a seventh and deciding game.

Needing to win to keep the series alive, the Bruins scored four goals in the opening period then a fifth in the final frame to even the series at 3-3 and send both teams back to Vancouver for Wednesday's winner-take-all showdown.

Brad Marchand, Milan Lucic, Andrew Ference and Michael Ryder all scored for the Bruins in a devastating four-minute blitz that saw Canucks starting goalie Robert Luongo yanked from the game.

Luongo also was pulled from Game 4 in Boston early in the third period after falling behind 4-0 on the heels of the Bruins' 8-1 victory in Game 3. Luongo has given up 15 goals in less than six periods in Boston

STANLEY CUP FINALS: GAME 7

Vancouver vs. Boston, 7 p.m. Wednesday, NBC

during the finals, but just two in three games in Vancouver.

Luongo shut out the Bruins in Game 5 in Vancouver for his second 1-0 victory of the series, but then angered Boston fans when he criticized Bruins goalie Tim Thomas' technique

on Maxim Lapierre's winning goal. The Bruins crowd booed and derisively chanted Luongo's name until erupting in wild cheers when Schneider skated out to replace him after Ference's goal.

Vancouver captain Henrik Sedin scored his first goal of the finals 22 seconds into the last period and Lapierre scored a late consolation goal for the visitors after David Krejci had scored for the home team.

All six games in the finals have been won by the home team.

GAME PLANNER

Cubs vs. Milwaukee,
7:05 p.m. CSN
White Sox at Minnesota,
7:10 p.m. WCIU
WNBA: Indiana vs. Tulsa,
6 p.m. ESPN2

» Devin Hester, the 32nd-best player in the NFL? That's where the Bears receiver/kick returner ranks in the NFL Network's top-100 poll of 415 players, ahead of stars such as teammates Brian Urlacher (No. 49 on the list) and Lance Briggs (No. 92).

» A mere 13 hours after falling in the 2011 NBA Finals to the Dallas Mavericks, the Miami Heat have been installed as 2012 NBA championship favorites by online sports book **bodog.com**. The Bulls are third at 6-1.

FINAL SCORE » Cubs 1, Milwaukee 0 » Former Bears running back Garrett Wolfe to be arraigned June 21 before Miami-Dade Circuit Judge Jorge Rodriguez-Chomat for charges stemming from a nightclub dispute.



LeBron James still won't take blame/responsibility for stinking up the NBA Finals. He tweeted this after Miami's loss Sunday night: "The Greater Man upstairs know when it's my time. Right now isn't the time." There he goes again, assuming there even is a time reserved for him. If I'm "the Greater Man," I'm staying as far away from LeBron as possible.

HOOPS OOPS

Macy's ran an ad in the Miami Herald on Monday congratulating the Heat on winning the NBA title. LeBron, D-Wade and Co. immediately celebrated.

IT GETS WORSE/BETTER

As if the Ohio State drama surrounding Terrelle Pryor couldn't get any worse: He's signed with slimy agent Drew Rosenhaus, who represents Terrell Owens and Chad Ochocinco, among others. Watch for the self-absorbed Twitter account any day now.

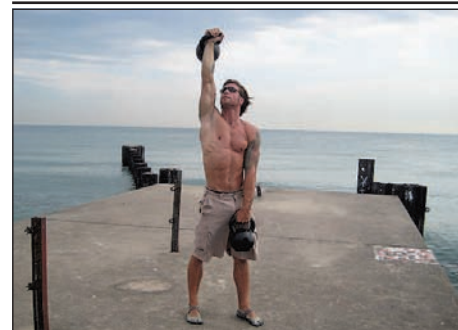
TREATED

Mark Cuban, I'll share my rawhide cigars with you any day. And hey, think about buying out the Ricketts family, would ya?

txtable

TODAY'S DOGFIGHT

Will the Chicago Bulls get past the Miami Heat next year in the play-offs? Text "dog1" for yes or "dog2" for no to **87708**. You'll get the results instantly.



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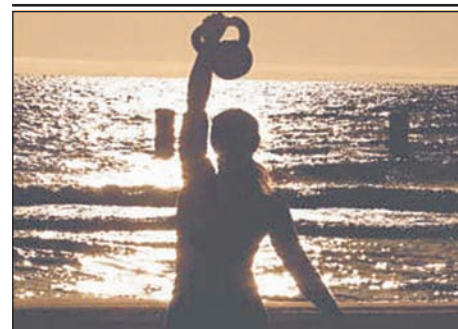
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\$5 Salads

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(minimum 2)

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The Sweetest spots

READER FAVES

Your picks for the best bakeries in town

By Brian Welk

With New York's Magnolia Bakery set to land in Chicago this summer and Bleeding Heart Bakery opening soon in West Town, it's fair to say we have treats on the brain. Good thing you do, too: We asked Metromix and RedEye readers on Facebook and Twitter to share their favorite sweet spots in town—the results are enough to give you a toothache.



Dinkel's Lakeview

3329 N. Lincoln Ave., 773-281-7300

A Chicago staple since 1922 serving up just about everything: cookies, cakes, pies, doughnuts and even lunch specials.

We love: French torte: A raspberry-infused yellow cake with white chocolate mousse filling

You love: "Best chocolate chip cookies and chocolate doughnuts in the world." —Justin Rivera/Facebook

"I love the chocolate donuts from Dinkel's Bakery." —Chris Vaughn/Facebook

"Dinkel's for their butter cookies, cakes and cupcakes!" —

Magda Rivera Cardona/Facebook

Lutz Cafe and Pastry Shop

North Center

2458 W. Montrose Ave., 773-478-7785

Old-fashioned German pastry shop best for strudels and marzipan just like Grandma used to make.

We love: The painstaking-to-make chocolate baumkuchen, or literally "tree cake"

You love:

"My mom loves their baumkuchen and I love their strudels." —Carrie Emge/Facebook

"Their strawberry whip cream cake is my crack." —Diana Nguyen/Facebook



BRIAN CASSELLA/TRIBUNE



CLAYTON HAUCK FOR METROMIX

Molly's Cupcakes Lincoln Park

2536 N. Clark St., 773-883-7220

A classroom-themed restaurant with gourmet and DIY cupcakes of all sorts.

We love: Molly's red velvet cupcake was named best in Chicago by Chicago magazine.

You love:

"All of their stuffed cupcakes are delicious!" —@inpel/Twitter

"I just had my first cupcake from Molly's. Oh. My." —Julie Roberts/Facebook

Swedish Bakery

Andersonville

5348 N. Clark St., 773-561-8919

An Andersonville legacy with cardamom coffee cake and Swedish butter cookies Lisbeth Salander and Ingmar Bergman would die for.

We love: Marzipan cakes and tortes

You love: "Mmmm #marzipan!!!" —@lizapoppy/Twitter

"Anything made with their marzipan is delicious, especially their raspberry frogs!" —@Paul_A_Ramirez/Twitter

"Try choc eclairs, raspb neapolitan or walnut brownies...all made from scratch." —@SKChgo/Twitter



MICHAEL TERCHA/TRIBUNE

Alliance Bakery Wicker Park

1736 W. Division St., 773-278-0366

European-style bakery boasting elaborate specialty cakes and "chocolate and sugar art"

We love: French macaroons

You love: "Red velvet cupcakes and key lime tarts #nuffsaid." —@TheAW1/Twitter

"One word: macaroons!" —@snackhappy/Twitter

Sweet Mandy B's Lincoln Park

1208 W. Webster Ave., 773-244-1174

Old-fashioned bakery dedicated to its desserts, specifically cupcakes and assorted cookies

We love: Whoopie pies and seasonal caramel apples

You love:

"3 Words: RED. VELVET. CUPCAKE. I'm pretty sure the icing is considered illegal outside chi city limits." —@DanaPontarelli/Twitter

"Although there are many who have tried, nobody beats Sweet Mandy B's for unpretentious, basic cupcakes and old skool treats!" —Angela K. Zeman/Facebook

"I recently order a sugar cookie cake with buttercream frosting for my boyfriend's birthday. It was delish!" —Melissa Norton/Facebook

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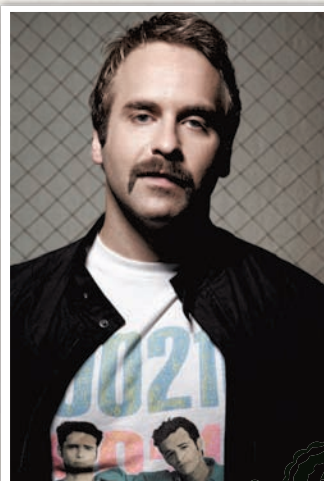
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Benchmark

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312-649-9640.

Berlin

\$1 well drinks and PBR bottles; \$5; 954 W. Belmont Ave. 773-348-4975.

Coobah

\$6 sangria pitchers; 3423 N. Southport Ave.
773-528-2220.

Reggie's Music Joint

\$2.50 PBR tallboys, \$3 Corona bottles, \$4 Malibu and Jim Beam cocktails, \$5 Jameson and Cabo Wabo cocktails; 2105 S. State St. 312-949-0120.

Stanley's Kitchen and Tap

\$3 pints and select bourbon cocktails, \$3 bar snacks; 1970 N. Lincoln Ave. 312-642-0007.

Uptown Lounge

\$3 domestic bottles; \$4 Bacardi, Captain Morgan, Jose Cuervo and Jim Beam cocktails; \$5 Goldschlager, Black Haus and Jager shots; 1136 W. Lawrence Ave. 773-878-1136.

TUESDAY CONCERTS

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8 p.m. \$7. Martyrs',
3855 N. Lincoln Ave.
773-404-9869.

BURROWS 4, THE RAJ, GROOVE OR DIE, THE LOW END

8 p.m. \$5. Double Door,
1572 N. Milwaukee Ave.
773-489-3160.

CAROLYN WONDERLAND

8 p.m. \$12-\$20. Space,
1245 Chicago Ave.,
Evanston.
847-492-8860.

DEEP BLUE ORGAN TRIO

9 p.m. \$6. Green Mill,
4802 N. Broadway.
773-878-5552.

ERIN MCDUGALD JAZZ QUARTET

8 p.m. \$20 food or
drink minimum.
The Red Canary,

695 N. Milwaukee Ave.
312-846-1475.

LEAD FOOT GEARJAMMERS, DAVID CASTRO BAND, THE WARM GUNS, VAGRANT LIFE

8 p.m. \$7. Elbo Room,
2871 N. Lincoln Ave.
773-549-5549.

MR. BLOTTO, BRANDON MCHOSE

8 p.m. \$5. Reggie's
Music Joint,
2105 S. State St.
312-949-0120.

ROD TUFFCURLS AND THE BENCHPRESS

9 p.m. Free. Cubby
Bear, 1059 W. Addison
St. 773-327-1662.

SANCTIFIED GRUMBLERS

9 p.m. \$5. Hideout,
1354 W. Wabansia Ave.
773-227-4433.



The Shams Band

WITH: JOHNNY RUMBLE, ANTONY ABLAN
AND THE TRAMPS

9:30 p.m. \$8. Empty Bottle, 1035 N. Western
Ave. 773-276-3600.

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5:30 p.m. Free.
Museum of
Contemporary Art,
220 E. Chicago Ave.
312-397-4010.

WOODSMAN, TAPE DECK MOUNTAIN, DINOSAUR FEATHERS

8 p.m. \$8-\$10. Schubas,
3159 N. Southport Ave.
773-525-2508.



KATIE FALKENBERG/THE TIMES

Joel McHale
Chicago Theatre, 175 N. State St.
312-462-6300
7:30 p.m. Friday, \$32.50-\$62.50

Funny and frank

Joel McHale talks Chicago and alleged acquaintances

By Curt Wagner

REDEYE

Joel McHale's show at the TBS Just for Laughs comedy festival is titled "Joel McHale & Friends and Acquaintances," but he isn't sure how accurate that is.

"Some aren't even acquaintances," he said Friday, laughing as he tried to name the comics he'll present. "Some of them I haven't even met."

McHale will emcee the night's festivities, introducing K.P. Anderson, the head writer of McHale's E! show, "The Soup," as well as comics Brooks McBeth, Shane Mauss, Deon Cole, Tim Minchin and Sugar Sammy.

RedEye talked with McHale about Chicago, "Community" and how much he loves free stuff.

When "Community" returns next season, will we see Jeff and Annie, Jeff and Britta, Jeff and Professor Slater?

Boy, that is a good question. I don't know.

Or Jeff and Dean Pelton?

It could be Jeff and [Pelton]; yeah, maybe he'll drug him and knock him out and get really crazy. [Laughs.] That's a good question. They've not broken any of the stories yet and so none of the cast members knows anything at this point.

You're sort of the emcee on Friday. Will you do jokes in between the comics?

I'm going to open it, I'm going to do time in between, yeah. Hopefully the show won't be too long. I get terrified of shows that are too long and then I'm like, "Sorry, this has become a chore." Not that I'm going to skimp or anything. My problem is I always don't get off stage in time.

Your "Community" co-star, Chicago native Danny Pudi, suggested I get your thoughts

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Lincoln Hall, 2424 N. Lincoln Ave.
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Gene Siskel Film Center, 164 N. State St.
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on free stuff.

I can't get enough of it. [Laughs.] As long as it's free I'm happy, even if I don't need it. It's free, I'll take it.

Anything special you want to do in Chicago?

I will get some hot dogs. I will get pizza. And that's all I have planned at this point. And see family. I'd like to go hang out with the kids on the lake now that you can this time of year.

Any final pitch for your Friday show?

Come see it. You will laugh. You will laugh, and bring free stuff for me.

Sounds cool.

Great. And bring some hot dogs and pizza, I love that stuff.

As long as they're free.

And some Old Style.

FOR MORE WITH JOEL MCHALE, GO TO SHOWPATROLV.COM.

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MONDAY'S SOLUTIONS

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ACROSS

- 1 _ fide; genuine
- 5 Thin soup
- 10 Shower alternative
- 14 Throat-clearing sound
- 15 India's dollar
- 16 Farmland unit
- 17 New York _
- 18 Each other
- 20 _ cross buns
- 21 Related
- 22 Bullock
- 23 Fine tablecloth material
- 25 Highest card
- 26 British actress Merle _
- 28 Sidestepped
- 31 Firebug's crime
- 32 Natural talent
- 34 Sweet potato
- 36 In just a bit
- 37 Bizarre
- 38 " _ grip!"; advice to the hysterical
- 39 Actor Hanks
- 40 Despises
- 41 Canary homes
- 42 Lower in status
- 44 Erects
- 45 _ Wednesday, Lent opener
- 46 Terra _; outdoor vase material
- 47 Characteristic
- 50 Theater box
- 51 Jacuzzi
- 54 Coldest period
- 57 Drug addict
- 58 Opening bet
- 59 Easily offended
- 60 Do an usher's job
- 61 Slip sideways on the road
- 62 Minds
- 63 Inquires

DOWN

- 1 Johann Sebastian _
- 2 Cincinnati, _
- 3 Irritating

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- 4 Jimmy Carter's daughter
- 5 Shattered
- 6 Altercation
- 7 Golf tournament
- 8 Earl Grey drink
- 9 Egg layer
- 10 Took one's turn at the plate
- 11 Prolonged pain
- 12 Pine or palm
- 13 Frau's husband
- 19 Movie award
- 21 Abbr. following many poems
- 24 Press clothes
- 25 Enthusiastic
- 26 Tobacco kiln
- 27 _ about; mull over gloomily
- 28 All _; listening
- 29 Spectacles
- 30 Went out with
- 32 Celebration
- 33 Recline
- 35 Church service
- 37 Do the laundry
- 38 Trot or canter
- 40 Speediness
- 41 _ as a button
- 43 Prepared a fishing hook
- 44 Scores of one stroke over par
- 46 Snug and cozy
- 47 It was, to a poet
- 48 Skating oval
- 49 Opposed to
- 50 _ jacket; buoyant vest
- 52 Mountaintop
- 53 _ and crafts
- 55 Fraternity letter
- 56 Bather's spot
- 57 U.N. member

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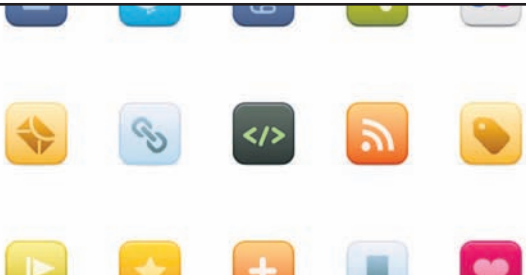
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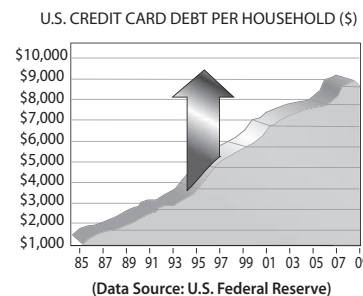
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Tom Hill
CGA STAFF WRITER

ADVERTORIAL

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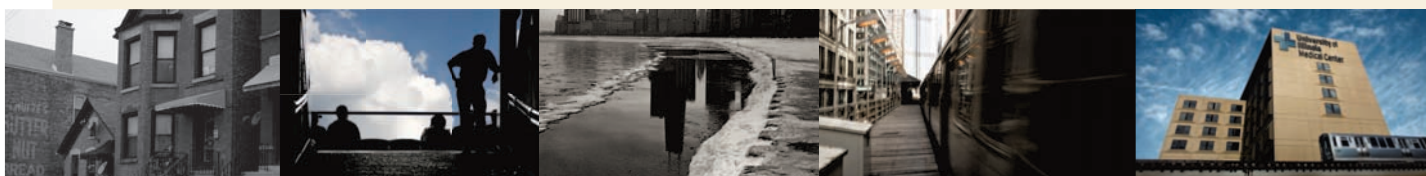
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Those crazy Brits

What wacky predicaments have U.K. celebs been getting into lately?

By Ariel Alexovich | REDEYE

Word to our celebrity friends in the U.K.: What happens on the other side of the Atlantic doesn't stay on the other side of the Atlantic. Thanks to the Internet, sketchy British tabloids and the global media's 24/7 coverage of Pippa Middleton, we Americans know what hijinks you get into over there. And we'll admit: We're kind of jealous of the fun you're having, even if we don't always understand it. Here's the rundown on several prominent Brits' confounding behavior. Or should that be "behaviour"? Oh, you silly superfluous U's! ARIEL@TRIBUNE.COM | @MISSARIEL



Pippa Middleton

Wacky behavior:
Allegedly trading up, boyfriend-wise

Media outlets went wackadoo Monday reporting unconfirmed gossip that Prince William's sister-in-law had dumped boyfriend Alex Loudon—who had been her prominent plus-one at the royal wedding—for George Percy, son of the Duke of Northumberland. This is apparently a big deal on the British polo and fancy hat-wearing circuit.



Prince Harry

Wacky behavior:
Poor gym hygiene

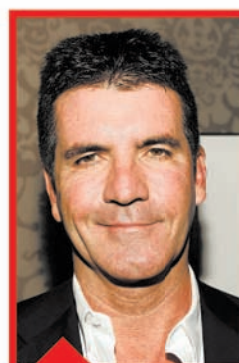
It seems gym etiquette is not part of royal charm school. Us Weekly reports that he was working out at a posh London gym, and that post-workout he draped his towel on a machine. A machine that Cameron Diaz happened to be using at that exact moment. (Good sport Cam laughed it off.)



Lily Allen

Wacky behavior:
Honeymooning at a rowdy music fest

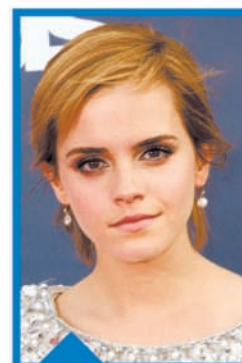
Bonus point: *Doing this while pregnant*
New bride/mom-to-be Allen and her husband, Sam Cooper, are following up their weekend wedding with a not-very-private honeymoon at the Glastonbury music festival. The Sun reports they'll sleep in "luxury teepees."



Simon Cowell

Wacky behavior: *Filming public service announcements for PETA*

The "X Factor" judge implores people to not leave their dogs in their cars in a new TV ad. Wait—this is actually a really nice thing to do, not wacky. Sorry, we're not used to Simon's softer side.



Emma Watson

Wacky behavior:
Complaining about her charmed life

It's not so easy being Hermione, the "Harry Potter" star tells Vogue in its latest cover spread. "I have had no control over my life. I have lived in a complete bubble. They found me and picked me for the part. And now I'm desperately trying to find my way through it."



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fashion diva

Singer, actress, designer ... mentor? Why not? Jessica Simpson (left) will take aspiring fashion designers under her wing in "Fashion Star," a new NBC reality series that will award the winner a million-dollar contract, The Associated Press reports. Elle McPherson will host the show, which does not yet have a debut date.

GETTY IMAGES FILE PHOTO



a release from Volleywood organizers. A guido's gotta have his priorities.

'I didn't mean it'

Tracy Morgan's apology tour continued Monday with a pledge to return next week to Nashville, Tenn., the site of his violent anti-gay remarks, to participate in a news conference protesting a bill that prohibits discussion of gay issues in public schools before the ninth grade, eonline.com reports. "I'm sorry for what I said. I didn't mean it," the "30 Rock" star told the website. "I never want to use my comedy to hurt anyone."



Pitch imperfect

Joel McHale (left) will throw out the first pitch at Saturday's Cubs game, but as of Friday, the "Community" and "The Soup" star hadn't started practicing. "I'm still doing the weight training," he deadpanned to RedEye. "No, I'm kidding. It doesn't matter how much I practice; [it's] still probably not going to be very pretty. We'll see."

» McHale will be in town for the Just For Laughs comedy festival. Read more on **Page 19**.

THE DIGIT

6.9 MILLION

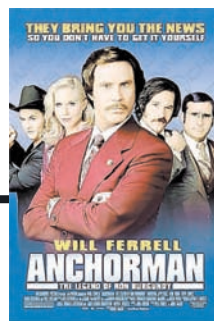
That's the number of viewers who watched the Tony Awards on Sunday, resisting the flashy lights of the NBA Finals game between Dallas and Miami, latimes.com reports. More evidence that America can't stand LeBron James?

THE DUDE ABIDES

What is Hollywood's most quotable movie? Bueller? Bueller? Bueller? Honoring the 25th anniversary of the release of "Ferris Bueller's Day Off," time.com ranked its top 10 most quotable films—which, notably, doesn't include "Ferris." Go figure. Here are the top five.



1. "The Big Lebowski"



2. "Anchorman: The Legend of Ron Burgundy"



3. "Casablanca"



4. "The Godfather"



5. "Top Gun"

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